

# Volleyball Spike Trainer

## Model VST-200 · Assembly Instructions & Owner's Manual

Mounts to the rim of a height-adjustable basketball hoop. Adjust hitting height with your hoop's own height mechanism.

3 steps      2 adults recommended

Basketball hoop not included



## What's in the box

Everything ships in one box, about 43" long × 30" wide × 3" tall.



| PART                                                                   | QTY |
|------------------------------------------------------------------------|-----|
| Hitting Arm                                                            | 1   |
| Volleyball Assembly<br>Ball with bungee cords and quick-release clips  | 1   |
| Attachment Arm                                                         | 1   |
| Rim Mounting Bars                                                      | 2   |
| Knobs with Rim Hooks                                                   | 4   |
| Bolts with Knobs<br>Attach the Attachment Arm to the Rim Mounting Bars | 2   |
| Bolts, Washers and Knobs<br>Attach the Hitting Arm                     | 2   |

## Before you begin

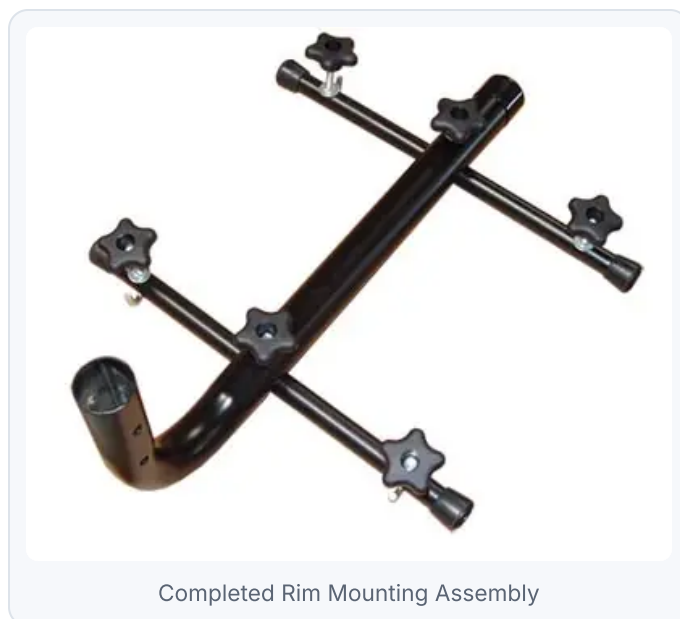
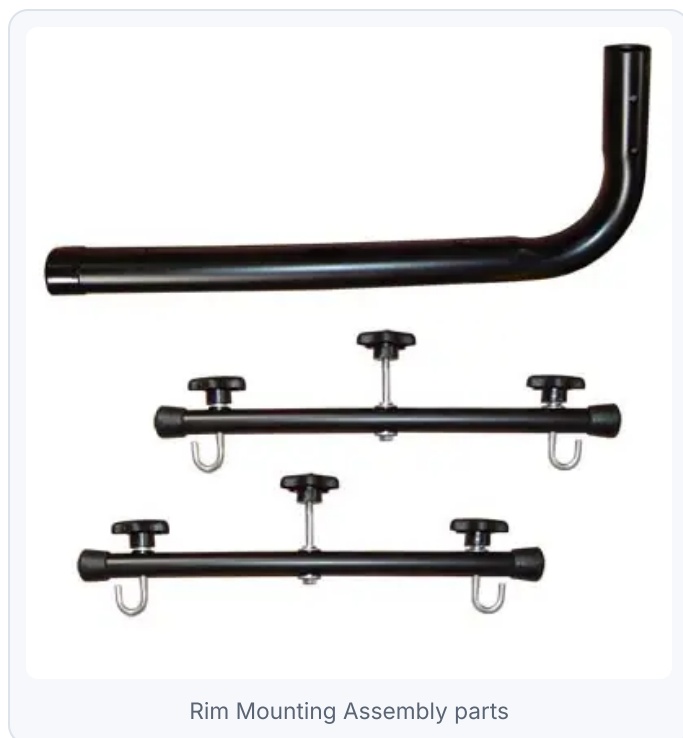
**Check your basketball system first.** Your height-adjustable hoop must be fully weighted to its manufacturer's requirements before you install or use the VST-200.

- 1 Check the parts.** Identify and inventory all parts against the list above. Keep the hardware bags and their contents together. If anything is missing, contact us.

- 2 **Test-fit the knobs and bolts.** Insert each one into its hole. If a hole is tight, carefully scrape away excess powder coating from inside it, but don't remove all of the coating, or the bare metal may rust. Some bolts may need a light tap with a hammer or mallet.

## 1 Assemble and attach the Rim Mounting Assembly

Parts: Attachment Arm, 2 Rim Mounting Bars, 4 knobs with rim hooks, 2 bolts with knobs.



- 1 Bolt the **Attachment Arm** to the two **Rim Mounting Bars** with the 2 bolts and knobs.
- 2 Loosely attach the **4 knobs with rim hooks** to the Rim Mounting Bars.
- 3 Place the Rim Mounting Assembly over the top of your basketball rim. You may need a ladder for this step.
- 4 Hook the rim hooks under the rim and tighten the knobs so the assembly is secure.

**Leave the rim on the hoop.** The assembly clamps onto your existing rim. Do not remove the rim from your basketball system.



Correct orientation on the rim



Place over the top of the rim

## 2 Attach the Hitting Arm

- 1 Place the **Hitting Arm** over the Rim Mounting Assembly.
- 2 Insert the **2 bolts and washers**, then tighten the knobs securely.

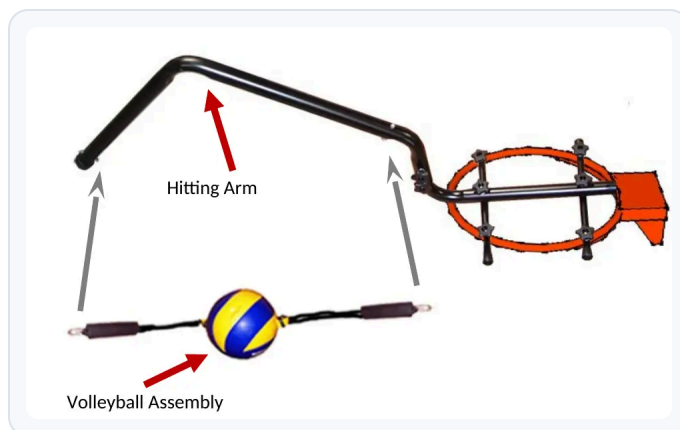
**Check the knobs regularly.** Retighten them before each session.



Hitting Arm attached

### 3 Attach the Volleyball Assembly

Clip the **quick-release fasteners** on each end of the **Volleyball Assembly** to the **Hitting Arm**.



## You're done!

Have fun with your new VST-200 Volleyball Spike Trainer.



### Adjusting hitting height

The VST-200 has no height adjustment of its own. It moves with your basketball hoop. Use your **height-adjustable basketball system's** mechanism to raise or lower the ball, following that system's owner's manual.

**Keep hands clear** of moving parts when adjusting your hoop's height.

# Safety

**Warning:** failure to follow these instructions may result in serious injury or property damage and will void the warranty.

## Assembly

- Read all instructions before you start.
- Two capable adults are recommended.
- Use extreme caution when working from a ladder.
- Your basketball system must be fully weighted before installing the trainer.
- Assemble the Rim Mounting Assembly and Hitting Arm properly. A loose assembly can come apart during play or transport.

## Use

- Owners must make sure all players know and follow these rules.
- Check the knobs for tightness daily.
- Before each use, check for proper ballast, loose hardware, excessive wear, instability and corrosion. Never use damaged equipment.
- Keep hands and fingers clear of moving parts when adjusting height.
- Do not allow children to move or adjust the system.
- Do not hang from the trainer or the Volleyball Assembly.
- Remove jewelry before play. It can catch on the hooks or the basketball net.

## 3-year limited warranty

### Read the full warranty terms

The manufacturer reserves the right to make substitutions to warranty claims if parts are unavailable or obsolete.

1. The Volleyball Spike Trainer is warranted to the original purchaser to be free from defects in material or workmanship for three years from the date of original retail purchase. "Defects" means imperfections that impair the use of the product. Defects resulting from misuse, abuse or negligence void this warranty. This warranty does not cover defects due to improper installation, alteration or accident, or damage caused by vandalism, rusting, acts of nature or any other event beyond the manufacturer's control.
2. This warranty is nontransferable and is limited to the repair or replacement of defective Volleyball Spike Trainer equipment. If the equipment is defective within the terms of this warranty, Club Volleyball Gear will repair or replace defective parts at no cost to the purchaser. Shipping to and from the factory is the purchaser's responsibility. Labor and related expenses for removal, installation or replacement are not covered.
3. This warranty does not cover scratching or scuffing from normal use. Intentional damage, negligence, unreasonable use, or hanging from the Volleyball Assembly voids this warranty.

4. Liability for incidental or consequential damages is excluded to the extent permitted by law. Freedom from injury cannot be guaranteed. The user assumes all risk of injury resulting from use of this product. All merchandise is sold on this condition, and no company representative may waive or change this policy.
5. This product is not intended for institutional or commercial use. Such use voids the warranty, and Club Volleyball Gear assumes no liability for it.
6. This warranty is in lieu of all other warranties, expressed or implied, including warranties of merchantability or fitness for use. Neither Club Volleyball Gear nor any representative assumes any other liability in connection with this product.

**All warranty claims must include your dated sales receipt** and photos of any damaged parts.

### **Need help?**

Call customer service

**408-515-5878**

Monday–Friday, 8 a.m.–5 p.m. Pacific Time

### **Warranty claims & defects**

Report in writing to:

**Club Volleyball Gear**

4961 Cabrillo Pt

Discovery Bay, CA 94505